

Dr. Jenneffer Pulapaka



Biography

Dr. Jenneffer Pulapaka is the Co-owner and General Manager of Cress Restaurant, a business dedicated to improving our food system, through local sources, sustainable practices, and refined flavours. The cornerstone at Cress is seasonally bold flavours. As their WSET certified wine director and member of the Wine Scholar Guild, she maintains those principles with a dynamic and elegant wine menu that showcases the food. Cress combines food & wine with professional service that makes dining a truly wonderful indulgence, so guests can "celebrate our land and relax in our community". Recently, she has created wines classes and wine pairings that elevate the food during the guests dining experiences at Cress; mixing the terroir of Central Florida with wines that touch global terroir.

This has led to Cress' devotion to champion the local & sustainability movement and initiate food waste programs. Cress has relationships with where their food comes from, with the individuals who are growing them: the farmers, the fishermen, the cattlemen. Sustainability rests on the principle that we must meet the needs of the present without

compromising the ability of future generations.

Additionally, over the past twelve years, Dr. Pulapaka's expertise in podiatric surgery has helped thousands of patients. Her office is the first private medical practice to received national certification as a **Women's Business Enterprise** by Women's Business Enterprise National Council. "We have a strong commitment to equality and healthcare. As such, I believe every patient needs a physician who will be an advocate to help them regain their health. When a patient comes to my office with a serious medical problem, I want them to be able to give that worry over to me. I want them to focus on the positive energy of healing. That is the burden I gladly bear so our patients can be stronger and healthier". This is accomplished by working with a comprehensive "limb salvage" approach. Her surgical training has taken her to Miami for her residency and Russia, the Ilizarov Institute, for her fellowship. She opened her practice in 2005, DeLand Foot and Leg Center, where she currently see patients.

Dr. Pulapaka's husband, Executive Chef Hari Pulapaka, has been a driving force along with her family. Their support enabled Dr. Pulapaka to be recognized as Wine/Cocktail contributor at James Beard House multiple years, 2015 Wine contributor in *Dreaming in Spice*, 2014 Founding Member goFLA & #Sunshineplate, 2014 Orlando Sentinel Culinary Hall of Fame, 2014 Power Couple Central Florida, 2014 Emeril's Florida Season 2 Premiere - Coming to America!, and 2013 Top Influential Women in Business Volusia/Flagler County. Her projects include a podcast productions *Podiatry DocTalk*, along with a community program "Cookin' in a SNAP" to empower and educate individuals about healthier cooking and options on a modest budget. In May 2017, **By Women Marketplace** was developed to provide business women and men a single venue for purchasing products and unique services that are women owned, produced, or designed. As a businesswoman, she believes in supporting and nurturing the work of talented women, of all nationalities, working cooperatively with others to uphold equal humanity.

Her goal is to study, travel, drink, and eat, with others and "inspire change."